

RAZ PATEL

SPEAKER, HEALTH ADVOCATE, AND ENTREPRENEUR

CEO, LUMINA LIFEWORKS

ABOUT THE SPEAKER

Raz Patel, a graduate with a BS in Psychology from UNC-Chapel Hill, is a dynamic speaker, health advocate, and accomplished actor and model with over 20 years of experience in corporate leadership and entrepreneurial ventures. She began her career as a Process and Business Manager in top-tier organizations, leveraging her understanding of human behavior and strategic expertise to drive impactful results.

Transitioning into entrepreneurship, Raz founded Lumina Lifeworks, where she empowers individuals to embrace self-worth, build resilience, and navigate life's challenges. Her ventures span health, real estate, and mental wellness, and she combines these with her expertise in integrative health advocacy to inspire others to prioritize well-being and unlock their full potential.

As a health coach, motivational speaker, and creative force, Raz is dedicated to redefining success for women over 40, proving that age is not a barrier but a launchpad for new beginnings. Her journey of overcoming personal and professional challenges—including paralysis, a mini-stroke, and cultural identity struggles—has shaped her mission to foster inclusivity, authenticity, and empowerment.

Through her work in media, speaking, and advocacy, Raz connects deeply with audiences, encouraging women over 40 to break barriers, embrace their potential, and thrive with confidence, resilience, and purpose. Whether leading from the stage, hosting her podcast, or championing diversity and equity, Raz Patel embodies the power of transformation and the limitless potential of women at every stage of life.



Connect with Raz:

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My Vision

For the 'We Are Beautiful After 40' event is to celebrate the empowerment, confidence, and beauty of women over 40. This conference aims to inspire women to embrace their age with pride and redefine what it means to be beautiful at every stage of life. We focus on creating a community where women can share their stories, learn from each other, and feel celebrated. Our goal is to highlight the unique experiences and talents of women over 40 while promoting self-love, health, and professional growth.”